

# THIS WEEK'S Menu

the Canteen<sup>ags</sup> the studio<sup>ags</sup>

## WEEK THREE MENU

	Break Time	Main Meals	Sides	Jacket Potato	Pasta King	Cold Section
MON	Various Pizza, Bacon/Sausage baguettes, Sausage rolls, Hot bagels, Danish selection, Topped waffles	Chicken Goujons Beef Chilli (V) Vegetable Chilli	Salad, Nachos/rice, Potato Twisters, Peas, Baked Beans	Jacket potato with Beans and Cheese (V)	1 x Meat 1 x Vegetarian (V)	Sandwiches and wraps, Mixed salads, Fruit pots and fresh fruit, Jelly, Trifle, Yoghurt granola, Crudites, Humous
TUES	Various Pizza, Bacon/Sausage baguettes, Sausage rolls, Hot bagels, Danish selection, Topped waffles	Chicken Joe's (2 flavours) Jumbo BBQ Chicken wings (V) Vegetable Fajitas	Flatbread, Sweetcorn, Potato Wedges, Salad, Baked Beans	Jacket potato with Beans and Cheese (V)	1 x Meat 1 x Vegetarian (V)	Sandwiches and wraps, Mixed salads, Fruit pots and fresh fruit, Jelly, Trifle, Yoghurt granola, Crudites, Humous
WEDS	Various Pizza, Bacon/Sausage baguettes, Sausage rolls, Hot bagels, Danish selection, Topped waffles	Theme Day: Chinese	Please see menu for sides	Jacket potato with Beans and Cheese (V)	1 x Meat 1 x Vegetarian (V)	Sandwiches and wraps, Mixed salads, Fruit pots and fresh fruit, Jelly, Trifle, Yoghurt granola, Crudites, Humous
THURS	Various Pizza, Bacon/sausage baguettes, sausage rolls, hot bagels, Danish selection, topped waffles	Chicken Korma or Tikka Beef Balti (V) Vegetable Bean Balti	Naan Bread, Rice/Potato Wedges, Spinach, Salad	Jacket potato with Beans and Cheese (V)	1 x Meat 1 x Vegetarian (V)	Sandwiches and wraps, Mixed salads, Fruit pots and fresh fruit, Jelly, Trifle, Yoghurt granola, Crudites, Humous
FRI	Various Pizza, Bacon/Sausage baguettes, Sausage rolls, Hot bagels, Danish selection, Topped waffles	Chicken burgers Cheese Burgers Battered Cod (V) Vegetable pizza sticks or (V) Halloumi burger	Peas, Chips, Curry sauce, Baked Beans	Jacket potato with Beans and Cheese (V)	1 x Vegetarian (V)	Sandwiches and wraps, Mixed salads, Fruit pots and fresh fruit, Jelly, Trifle, Yoghurt granola, Crudites, Humous