

Lunch week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Crispy Chicken Wrap served with potato wedges	Beef Chili Con Carne served with Fluffy Rice & Tortilla Chips	Roast Turkey served with Roast potatoes & Pan Gravy	Chicken Tikka Masala served with Steamed Rice	Battered Fish served with Chips & Peas or Baked Beans
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY					
PLANT BASED / VEGETARIAN	Plant based Vegetable burger served with Cajon potato wedges	Vegetarian Chili Served with fluffy rice & Tortilla Chips	Macaroni Cheese	Vegetable Biryani	Vegetable spring rolls served with Chips & Peas or Baked Beans
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY					
STREET FOOD	Piri Piri Chicken Wrap	Roasted Vegetable Pitta	Beefburger with Salad & Salsa	Chicken Tandoori Flatbread	Southern fired chicken & Chips
TAKEAWAY TUBS	Tomato & Chorizo Pasta	Tomato & Mascarpone Pasta	Bolognaise Pasta	Vegetable Fajita Pasta	Tomato & Basil Pasta
	Penne Arrabiata	Chicken & Vegetable Stir-fry	Penne Arrabiata with Roasted Vegetables	Piri Piri chicken Wings	Macaroni Cheese Pot
PIZZA SLICE	Margarita Pepperoni	Margarita Ham & Tomato	Margarita Chicken & Sweetcorn	Margarita Hot & Spicy	Margarita BBQ Chicken
JACKETS	TRY OUR DELICIOUS FILLINGS FOR EACH				
DESSERTS	Jam Sponge & Custard	Chocolate Brownie	Banana Cake & Custard	Apple Crumble & Custard	Orange & Oatmeal Cookie

Meal Deal

Main Meal
With Vegetables
And Dessert



+



+



£3.25

All Of Our Main Meals,
Sandwiches & Desserts Are
Freshly Made On Site Every Day